

Separation of Flavonoids and Salt in Bean Cake Disposed from Soy Sauce Manufacturing Process

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Soy sauce cakes contain about 5–10 wt% salt; therefore, incineration results in corrosion of the furnace and environmental problems related to, for example, dioxin generation. However, amino and organic acids, and soybean isoflavone, as well as a number of other useful components remain in the soy sauce cakes. The amount of desalination with water was 590 mg/10 g-feed, while that with methanol was about 70% of this value. Desalination could not be performed successfully with acetone or *n*-hexane. The amounts of flavonoid in the form of daidzein and genistein extracted from 10 g of soy sauce cake were 3.4–7.2 and 7.2–11.0 mg, respectively, while extraction with water was minimal. Moreover, the amount of flavonoids extracted increased while the amount of desalination decreased with aqueous alcohol solutions. The dual cylinder solid–liquid extractor presented here for separation of flavonoids and salt from soy sauce cakes was able to collect 10.2 mg/50 g-feed of daidzein and 18.8 mg/50 g-feed of genistein. The length of time the sample is retained in the mixer can be varied by changing the agitation speed, the number of baffle plates and the diameter of the mixer cylinder outlet. This solid–liquid extractor is therefore applicable in a wide range of food waste recycling processes.

Introduction

Food waste is an important new resource that includes a number of materials valuable for human health, such as flavonoids, polyphenols and capsaicins. In Japan, the total annual food waste is about 20 million t, and the environmental load associated with this, as well as the social implications, is increasing. At the same time, a large amount of foodstuff, such as grain, corn, fish, and vegetables, is being imported into Japan from other countries. Development of a resource recycling society is therefore urgently needed (Hano *et al.*, 2001; Hano and Sakoda, 2002).

Soy sauce, which is composed mainly of soybeans, wheat and salt, is a traditional and indispensable seasoning in Japan. The process of soy sauce manufacturing is shown in **Figure 1**. The steamed soybeans and wheat are initially roasted in a reaction chamber then crushed and fermented resulting in formation of soy sauce known as *Koji*. Brine solution, a mixture of water and salt, is then added to the *Koji* resulting in unrefined soy known as *Moromi*. After fermenting and aging the unrefined soy, the resultant product is divided into pure soy sauce and waste using a compressing machine. This waste is known as a soy sauce cake.

In Japan, about 100,000 t of soy sauce cake is discharged each year, and although it has been used as a digestible protein, it is incinerated due to the declining livestock industry. A soy sauce cake contains about 5–10 wt% salt; therefore, incineration results in corrosion of the furnace and environmental problems related to, for example, dioxin generation. However, amino and organic acids, and soybean isoflavone, as well as a number of other useful components remain in the soy sauce cake (Matsuda, 1998; Funazukuri *et al.*, 2001; Nakashimada *et al.*, 2002). So far, soybean isoflavone in the form of daidzein and genistein has been confirmed in soy sauce waste. Because soybean isoflavone is physiologically active, various protective effects on, for example, lifestyle diseases have been reported (Degenhard and Winterhalter, 2001; Yamori *et al.*, 2001; Yang *et al.*, 2001). The purpose of this research was to selectively separate isoflavone and salt from soy sauce cakes, and develop new separation equipment for practical use.

1. Experimental Methods

Extraction of flavonoids (daidzein and genistein) and salt from soy sauce cakes was carried out using various solvents: methanol, ethanol, 1-propanol, 2-propanol, acetone, *n*-hexane, water, and a combination of the above. Ten grams of soy sauce cake and 100 cm³ of solvent were mixed then shaken well in an Erlenmeyer

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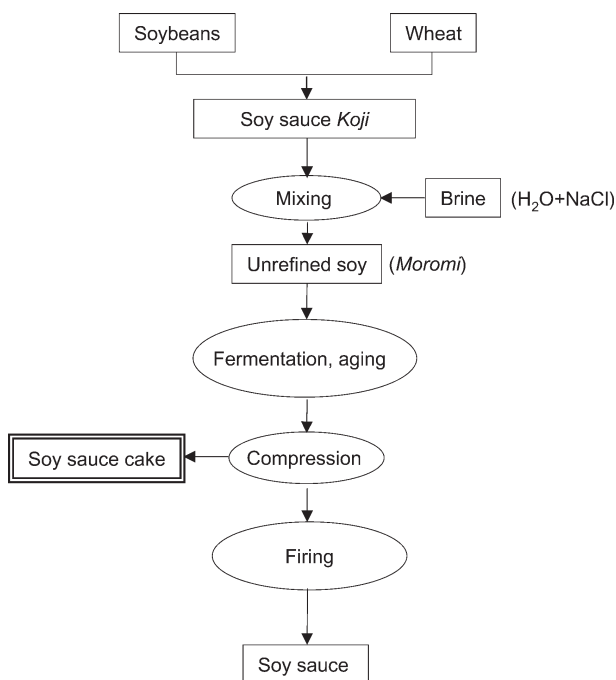


Fig. 1 Flow chart showing the manufacturing of soy sauce

flask at 318 K for 30 min. After filtration of the cake–solvent mixture under reduced pressure, the amount of flavonoids dissolved in the solvent was measured using high performance liquid chromatography (HPLC; PU610-1X, GL Sciences, Inc.). Salt in the solvent was determined using a digital salinometer (ES-421, Atago Co.).

1.1 Analysis of flavonoids extracted from soy sauce cake using HPLC

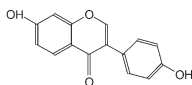
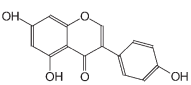
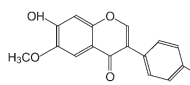
HPLC was used for concentration measurements of daidzein and genistein extracted from soy sauce cakes. A chromatographer was equipped with a UV detector (UV620, GL Sciences, Inc.) and column (Inertsil ODS-3, GL Sciences, Inc.). The eluant used in this analysis was a mixture of methanol, THF, and phosphate buffer (40 mmol, pH 3.0) at a ratio of 30:20:50. HPLC was performed under the flow rate of 1.0 mL/min and the column temperature of 40°C. The UV detector was set at the wavelength of 254 nm.

2. Results and Discussion

2.1 Analysis of daidzein and genistein by LC-MS

Table 1 shows the chemical structures and molecular weights of the main soybean isoflavones. A chromatogram of the condensate obtained by ethanol extraction using LC-MS is shown in **Figure 2**. Daidzein and genistein were detected by ionizing as 252.9 and 268.9, confirming the existence of both compounds in the soy sauce cake used in this research.

Table 1 Chemical structures and molar weights of flavonoid compounds

| Daidzein | Genistein | Glycitein |
|--|---|---|
|  |  |  |
| 254.24 | 270.24 | 284.26 |

2.2 Extraction of isoflavone and salt using various solvents

Figure 3(a) shows the amount of desalination resulting from extraction with various solvents. Desalination was highest with water (590 mg/10 g-feed) and lowest with *n*-hexane (0 mg/10 g-feed). **Figure 3(b)** shows the amount of daidzein and genistein extracted with the same solvents. Acetone was shown to be the optimal extraction solvent for both compounds, resulting in 5.4 and 11.0 mg/10 g-feed, respectively. Neither flavonoid was sufficiently extracted with water or *n*-hexane.

Overall, the extraction experiments revealed that daidzein, genistein and salt are barely extracted with *n*-hexane, although this solvent successfully extracted soy and other oils contained in the soy sauce cake. The amounts of extracted daidzein, genistein, and salt seemed to decrease with increasing hydrophobe strength.

2.3 Extraction using a mixture of solvents

Figures 4(a)–(d) show the amounts of flavonoids and salt extracted using various binary mixtures of extract solvent. The amount of flavonoids extracted increased while the amount of desalination decreased with mixed solvents containing water and alcohol. The amounts of flavonoids extracted using methanol + water, ethanol + water, and acetone + water were maximal as shown in **Figures 4(a)–(c)**. The concentrations that gave maximum values were 50 mol% methanol + water, 25 mol% ethanol + water and 30 mol% acetone + water, respectively.

2.4 Development of a separation process for flavonoids and salt

Judging from the fundamental extraction tests, ethanol and acetone are suitable for the extraction of soy flavonoids, while water, methanol, and ethanol are most appropriate for desalination. These results suggest that an alcohol or aqueous alcohol solution is suitable for extracting salt from soy sauce cakes. If an alcohol or aqueous alcohol solution is used in the separation process, solid–liquid separation becomes a simple operation because the density difference between the soy sauce cake and the extract solvent is increased. In addition, if the extract solvent doesn't include water, no wastewater will be produced during the recycling process.

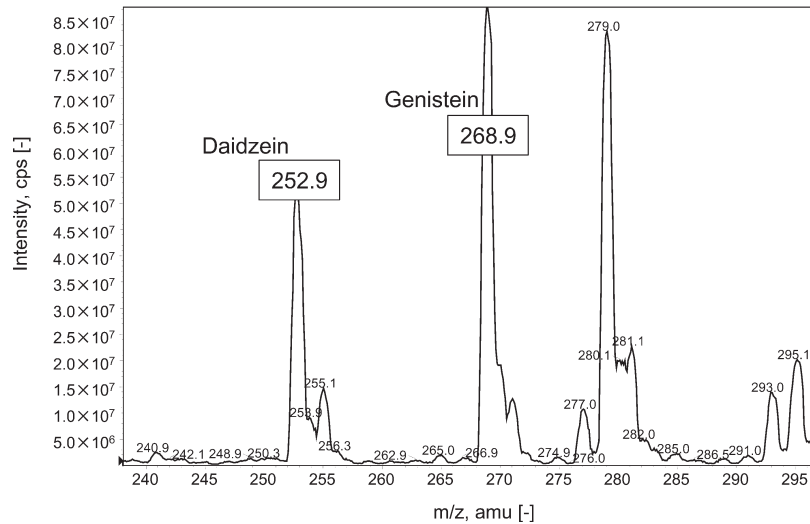


Fig. 2 Analysis of daidzein and genistein by LC-MS

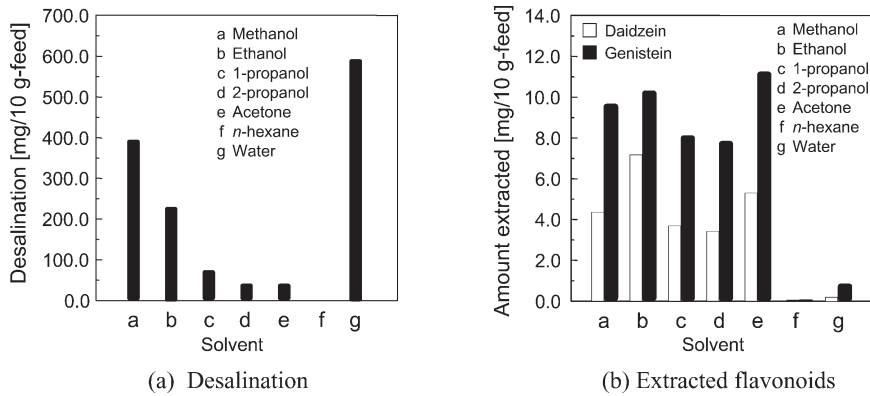


Fig. 3 Extraction of salt and flavonoids using various solvents

The process of the separation of a soy sauce cake using acetone, and methanol or ethanol is described in **Figure 5**. After crushing, the soy sauce cake is introduced with acetone into a solid–liquid extractor for flavonoid extraction.

The extracted flavonoid solution is then condensed using a distillation process under reduced pressure and the distilled acetone is recycled. The soy sauce cake remaining in the extractor is removed and introduced once again for desalination with methanol or ethanol. As with the flavonoid solution, the extracted salt is condensed using a distillation process under reduced pressure and the collected methanol/ethanol is recycled.

3. The Solid–Liquid Extractor

3.1 Dual cylinder solid–liquid extractor

Figure 6(a) shows a schematic diagram of the dual cylinder solid–liquid extractor used to extract flavonoids and salt; a photograph of the extractor is

shown in **Figure 6(b)**. The extractor contains two cylinders, an internal cylinder with a capacity of 1.5 dm³ as a mixer and an external cylinder with a capacity of 4.5 dm³ as a settler. The soy sauce cake and extract solvent are stirred in the mixer cylinder from where the flavonoids and salt are then extracted, respectively. A residual soy sauce cake and extract solvent are discharged into the settler cylinder; the residual soy sauce cake is then precipitated as waste from the lower part of the cylinder and the extraction solvent is collected from the upper part as overflow. The residence time the soy sauce cake remains in the mixer can be controlled by the agitation speed, the number of baffle plates, and the diameter of the mixer cylinder outlet. The features of the dual cylinder solid–liquid extractor presented in this research make it applicable in a wide range of food waste recycling processes.

3.2 Extraction performance of the dual cylinder solid–liquid extractor

Extraction performance was examined using the presented mixer–settler extractor. Fifty grams of soy

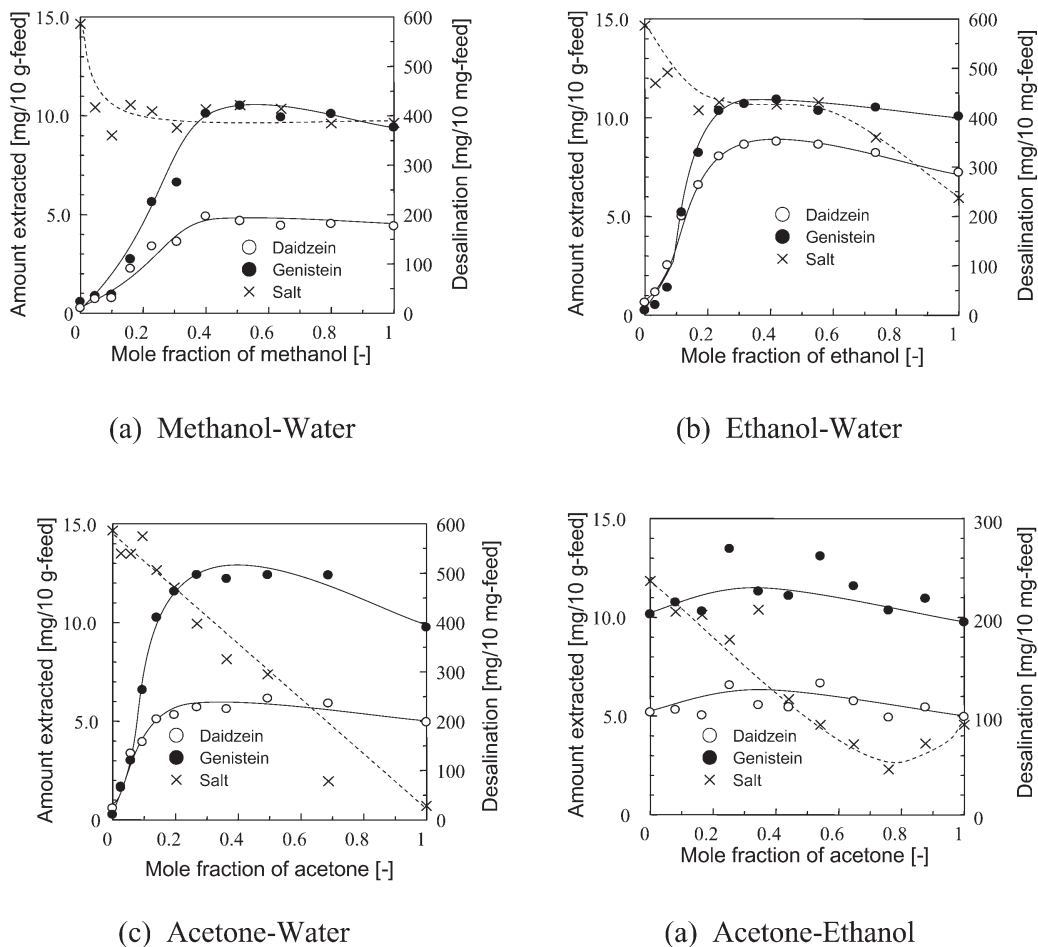


Fig. 4 Extraction of flavonoids and salt using binary solutions

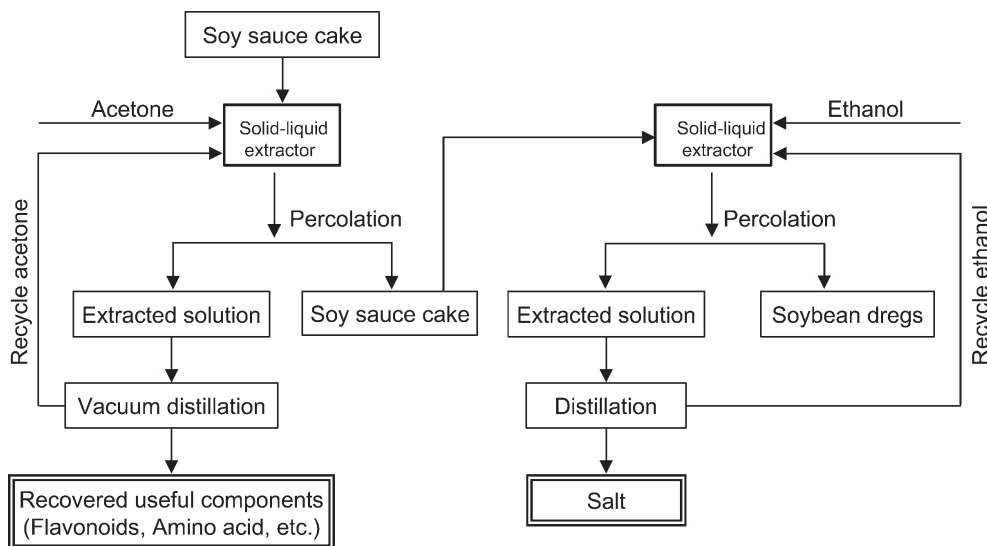
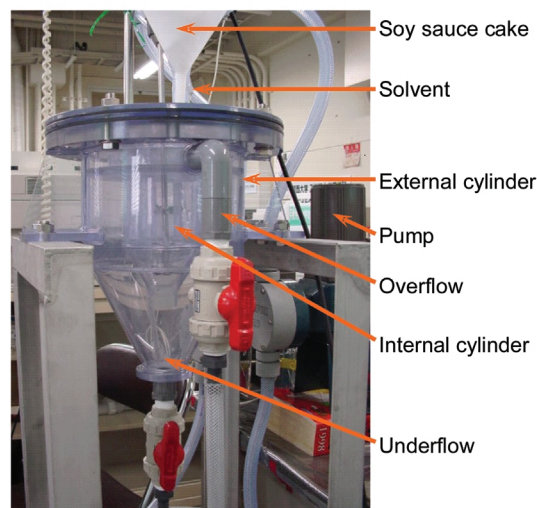
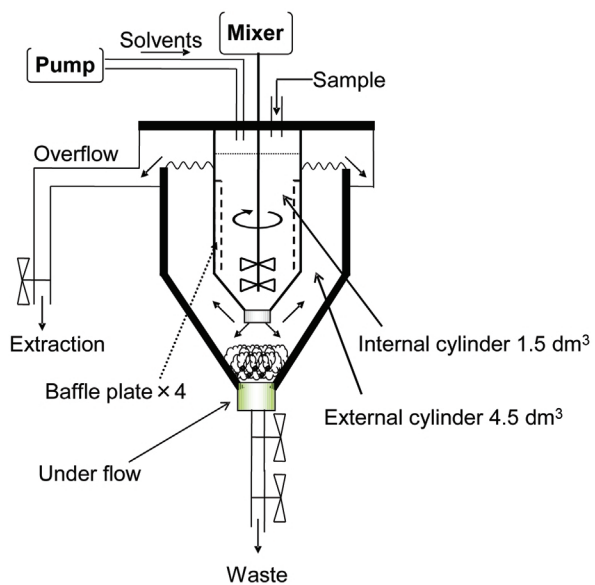


Fig. 5 Flow chart showing the separation of flavonoids and salt

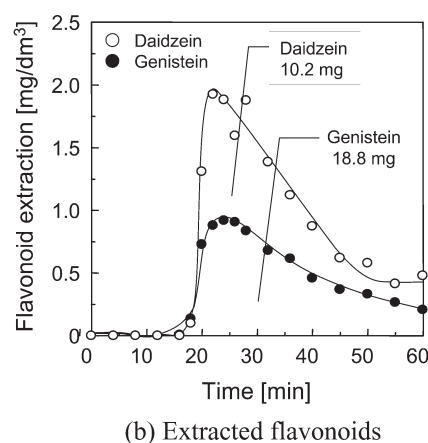
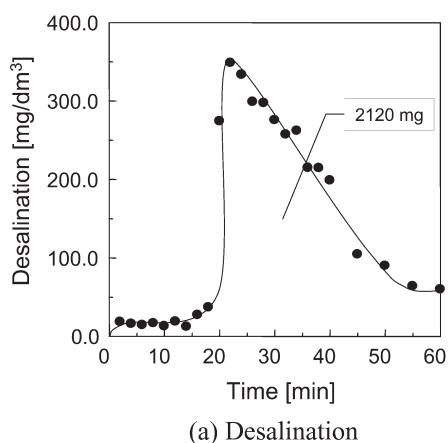
sauce cake was introduced with a 50:50 (v/v) mixture of ethanol–water. The agitation speed and flow rate were maintained at 300 rpm and 200 cm³/min, respec-

tively. The soy sauce cake and solvent were then stirred in the mixer and after 7 min all the residual solid had been discharged into the settler as a result of gravitation.



(a) (b)

Fig. 6 Schematic diagram and photograph of a solid-liquid extractor



(a) Desalination (b) Extracted flavonoids

Fig. 7 Time course of desalination and flavonoid extraction

Figures 7(a) and (b) show the time course of desalination and flavonoid extraction.

The amount of desalination was 2120 mg/50 g-feed, and since 50 g soy sauce cake contains about 3000 mg of salt, the percentage of desalination was approximately 73.2%. The amounts of daidzein and genistein extracted were 10.2 and 18.8 mg/50 g-feed, respectively. The amounts extracted by batch operation using a 50:50 (v/v) mixture of ethanol-water are 25.4 and 53.7 mg/50 g-feed, respectively; therefore, the percentage of extraction with the presented extractor was 40.4% for daidzein and 35.0% for genistein. Although the amount of flavonoids extracted here were lower than with batch operation, it is possible to improve this by optimizing the length of time the sample remains in the mixer.

Conclusions

In this study, it was possible to extract salt from soy sauce cakes not only with water but also with alcohols. The amount of desalination with water was 590 mg/10 g-feed, while that with methanol was about 70% of this value. Desalination could not be performed successfully with acetone or *n*-hexane. The amounts of flavonoids in the form of daidzein and genistein extracted from 10 g of soy sauce cake were 3.4–7.2 and 7.2–11.0 mg, respectively, while extraction with water was minimal. Moreover, the amount of flavonoids extracted increased while the amount of desalination decreased with aqueous alcohol solutions.

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